

# Dublin City Council Bram Stoker Festival

## STOKERLAND Relaxed Performance

Stokerland is open all weekend from 28th - 30th October at 11am - 4.30pm daily. All are welcome to attend.

We have programmed a **relaxed session of Stokerland** which is open to all and will take place from **11am - 1pm on Monday October 30th**.

At the relaxed session, you can expect a tailored experience designed to welcome people who will benefit from a more relaxed environment, including people who identify as neurodiverse, people on the autistic spectrum, sensory and communication disorders, people with ADHD, ADD, tourettes, or with learning disabilities.

## **What is Stokerland?**

STOKERLAND is a free, pop-up Victorian fun park for families and the eternally young – the perfect family-fun-day out this October Bank Holiday weekend in Dublin.

With the stunning St. Patrick's Cathedral as a gothic backdrop, our ghoulish gathering features street theatre, a performance tent, free face-painting, a food market, storytelling and draw-alongs, bands, discos and dance parties, walkabout performers, art workshops, spooky science shows, magic shows and plenty of macabre thrills and ghoulish games for everyone to enjoy.

**Gates open at 11am - please do not arrive before then.**

## **What will be different at the relaxed session of Stokerland?**

The music will be quieter.

There will be no loud noises

There will be no flashing lights

Performances will be gentler in nature

There will be a sensory unit area away from crowds and sounds available for those who require it: our staff will be there to assist you.

This relaxed session of Stokerland is free and does not require booking.

## Welcome:

When you arrive at the park, our friendly event staff will be there to greet you. The staff will look like this:



# Entrance

There are three entrances to ST. Patrick's Park



## What does Stokerland look like when it's happening?

St Patrick's Park will look like this while Stokerland is happening. If you want to move around and/or make noise during your time in the park and the performances that is fine. The park will have lots of decorations, open-sided tents, food vendors, games and areas for play.



## Food vendors:

There will be a number of food vendors on site. Here is a picture of the vendors



## Steet Performers

There will be a series of street performers performing magic and circus skills around the park.



## Sensory Unit

If you need to take a break you can go to the Sensory Unit which will look like this: You can ask a member of staff if you need help to find it.



# Sensory Unit

Anne Marie will be there to greet you.

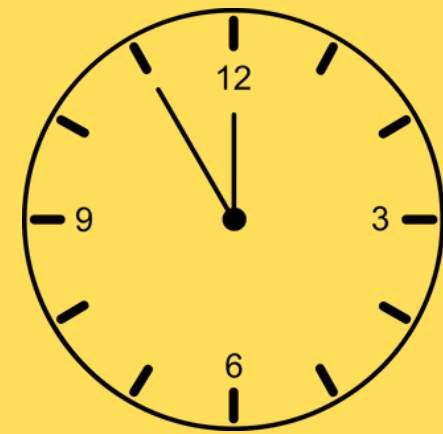


## Performances:

Our relaxed performances will take place in these event tents.



# RELAXED PERFORMANCE: HALLOWEEN READING & DRAWALONG



## Duration:

The entire event will last for one hour,  
from 11:15 AM to 12:15 PM.

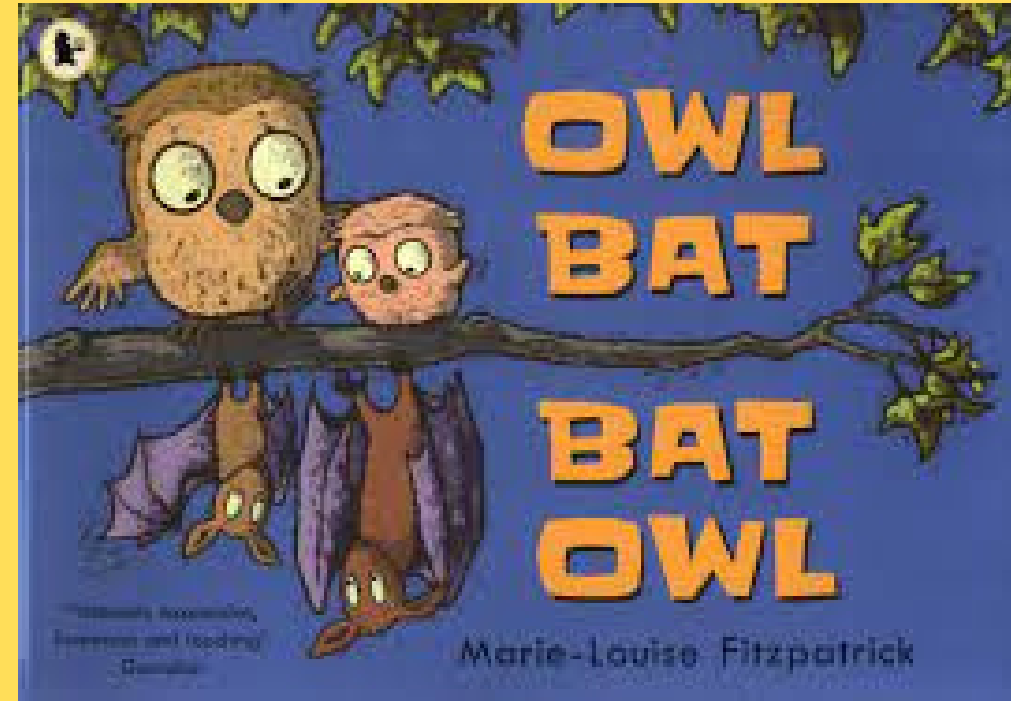
The event will kick off at 11:15 AM  
with a warm welcome from our host,  
Marie-Louise Fitzpatrick.  
Here is a picture of Marie-Louise.

Marie-Louise will introduce herself  
and explain how the performance will  
work



## Storytime:

Marie-Louise will start a gentle and engaging storytime session. She will read from her illustrated book which is called "Owl Bat Bat Owl." This is what the book will look like: (more images from book with step by step) The story is designed to be inclusive and enjoyable for all, with no sudden loud noises or startling elements.



## **Drawing Session:**

Following the story, Marie-Louise will transition into a drawing session.

Children will be encouraged to participate in drawing friendly bats and owls who we have just met in her book.

Marie-Louise will provide step-by-step guidance, making it easy for everyone to follow along.

Here are a couple of sample pictures of an owl and a bat.



## **Sensory Conditions:**

We've taken into account sensory sensitivities, and there will be no sudden loud noises or surprises during the event.

We hope your child leaves with a wonderful Halloween-themed drawing and a memorable experience.

## **Art Supplies:**

All necessary art supplies will be provided, including paper, crayons, and markers.

Our staff will be available to assist with any special requirements or accommodations your child may need.

## **Supportive Environment:**

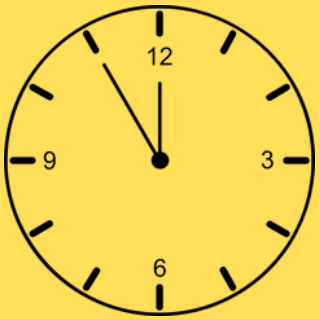
Our aim is to create a supportive and sensory-friendly environment for your child.

If your child needs a break at any point, there will be a designated sensory unit available.

# RELAXED PERFORMANCE:

## Animal Dance Workshop

### With Olwyn Lyons



#### Duration:

The workshops will run from 12:30pm to 1:30 pm. There will be 2 workshops in this time. Each will run for 25 minutes.

We hope your child leaves with a newfound dance skills and a sense of accomplishment.



## Welcome:

The event will begin with a warm welcome from our dance instructor, Olwyn Lyons.

Olwyn will introduce herself and provide an overview of the workshop's schedule.

Here are some of the animals and creatures you will meet:



## Introduction to Animals:

Olwyn will start by introducing various spooky animals, birds, insects, and water creatures.

She will use colorful imagery to depict these creatures, making it engaging and visually stimulating.



## **Dance and Movement Exploration:**

Participants will be invited to explore animal movement through dance and music.

Olwyn will guide the group in mimicking how animals move, encouraging creative expression.

## **Halloween-Themed Movements:**

You will be taught how to move like different animals (swoop like a bat, run like a lion) more details here again.

The movements will be gentle and adaptable to cater to all different abilities.

## **Music and Rhythm:**

The workshop will incorporate rhythmic elements and music to enhance the experience.

The music will be at a comfortable volume, There will be no sudden loud sounds.

# RELAXED PERFORMANCE: Circus Workshops



## Duration:

The workshops will run from 11:30pm to 1:00 pm. There will be 3 workshops in this time. Each will run for 25 minutes.

We hope your child leaves with newfound dance skills and a sense of accomplishment.



## **Circus Skills**

The session includes a variety of circus activities, such as stilt walking, juggling, diablo, and more.

The Ringmaster and staff will ensure a relaxed and sensory-friendly experience for all.

## **Show and Tell Introduction:**

In this session, the Ringmaster will kick things off with an entertaining show and tell.

Participants will be introduced to circus skills like handheld stilts, diabolo, plate spinning, juggling, and flower sticks in an engaging and fun way.

The goal is to provide a clear understanding of the equipment and how to safely try it.

Here is the equipment you will see at the workshop



## **Exploration and Creativity:**

After the show and tell, participants will have the opportunity to try the various circus skills at their own pace. It's an open and relaxed atmosphere, allowing them to explore as they wish. The Ringmaster will be there to assist and encourage creativity. Everyone will learn that it's okay to learn at their own speed and have fun while using their imaginations.

## **Supportive Environment:**

Our aim is to create a supportive and sensory-friendly environment for your child.

If your child needs a break at any point, there will be a designated sensory unit available.

## Frequently Asked Questions

**Q: Can I leave Stokerland and come back in?**

Yes you can come and go from Stokerland as you wish.

**Q: Can I bring fidget toys or headphones/ear defenders with me?**

Of course. We want you to be comfortable so fidget toys and headphones/ear defenders are welcome.

This is an outside experience and may be chilly so we recommend dressing comfortably.

**Q Is there a chill out zone?**

If you need a break there is a designated sensory unit available inside St Patrick's Park . To enter, ask someone in pink hi-vis to direct you and they can bring you there. There may be a short queue to enter as the unit is suitable for one family at a time.

You must bring one guardian into the sensory room and your also allowed to bring one sibling or a friend if you would like to.

## **Frequently Asked Questions**

**Q: Will there be food and drink available?**

Yes, there will be food and non alcoholic drinks available in the event space. There is no alcohol allowed at this event.

**Q: Will there be toilets available/where are the nearest toilets?**

There are toilets available at the event. If you need help finding them on the day please ask a member of staff.

## **Very Important Information to know:**

### **What to Wear**

This is an outdoor experience, so please dress for the weather.

### **Accessibility**

The venue is wheelchair accessible.

**Tell us what you thought!**

**You can message us on Instagram,  
Facebook, Twitter and by email on  
[info@bramstokerfestival.com](mailto:info@bramstokerfestival.com)**

**We'd love your feedback!**